



Lunch Trays Menu C

As at 9th March 2020

Our caterer donates \$1 from every lunch tray purchased to a local charity. Thank you for your support!

All prices exclude GST and are subject to change without notice. Tray lunches are served cold and items cannot be substituted- minimum 5 trays of same type per order.

Tray Lunch – 4 items (1 bread item + 1 salad option + 1 savoury and sweet option)* \$24.50pp

Tea/Coffee is included*

Includes pump pots of coffee and hot water, herbal tea box, milk, milk jug, sugar and stirrers.

Option 1

- Croissant – Lemon pepper chicken, aioli, rocket, cucumber and shaved parmesan
- House pickled beetroot, baby spinach, radish and toasted almonds with lemon dill yoghurt dressing (gf)(v)
- Bacon, caramelized onion and cheese mini quiche
- Melting moments with lemon buttercream filling (v)

Option 2

- Sesame Knot – Leg ham, chow chow, mesclun, tomato and gherkin
- Roasted kumara, rocket, carrot, cashew, red onion and feta with maple balsamic dressing (gf)(v)
- Roasted chickpea, red pepper, red onion, spinach, paprika and feta frittata with vegetable relish (v)(gf)
- Ginger slice (v)

Option 3

- Pesto Roll – Salami, cashew red pepper hummus, rocket, cheddar and sundried tomato strips
- Chicken Karaage, mint coriander slaw, light siracha mayo and lemon wedge (gf)(df)
- Mushroom, thyme and feta mini quiche (v)
- Peanut butter chocolate chip cookie (v)

Option 4 – Vegetarian

- French Stick – Sweet onion marmalade, baby spinach, tomato, cucumber, brie and sprouts (v)
- House pickled beetroot, baby spinach, radish and toasted almonds with lemon dill yoghurt dressing (gf) (v)
- Courgette, pinenuts and ricotta mini quiche (v)
- Chocolate peppermint slice (v)

Option 5 – Vegan

- Sesame knot roll – Tomato, avocado, cucumber, rocket and sprouts (vegan)
- Roasted root vegetables, baby spinach, sundried tomato and mixed seeds with maple balsamic vinaigrette (vegan)
- Sundried tomato, pine nut and pumpkin filo parcels (vegan)
- Double chocolate raw goodness slice (vegan)(gf)

Option 6 - Gluten Free & Dairy Free

- Gluten/dairy free sandwich – Leg ham, chow chow, mesclun, tomato and gherkin
- Chilli prawn, vermicelli, carrot, cucumber, mung beans, coriander and mint with sesame lime dressing (gf)(df)
- Rice paper rolls filled with char sui pork fillets, mango and coriander mint slaw with lime sesame dip (gf)(df)
- Chocolate, banana, turmeric raw goodness slice (vegan)(gf)

Option 7 – Paleo

- Bacon, herb coconut flour loaf (gf)(df)
- Beef strips, shredded iceberg, tomato, cucumber, coriander, spring onion, sesame seeds with citrus olive oil (df)(gf)
- Seared lemon dill salmon skewer (gf)(df)
- Plain seasonal fruit skewer (vegan)(gf)

Served cold in individual disposable trays- the packaging is made from 100% recyclable and 100% biodegradable bioplastic.